

Gentle, Loving Methods

Animal Bridges uses a variety of gentle, loving methods to create a unique, personalized program for you and your pet. All of these methods complement veterinary care:

- **Animal communication** — Elaine communicates telepathically over distance, asking your pet your questions, then sends you a complete transcript.
- **Movement and bodywork** — Elaine uses a unique method of animal care and training (Tellington TTouch®) that releases tension, reduces stress and unwanted behaviors, and increases body awareness and confidence.
- **Energy medicine** — Elaine offers a method of energy medicine (Healing Touch for Animals® — HTA) that assists animals in balancing their energy, relaxing the body, supporting correct physiology, and working cooperatively with veterinary care. Includes the use of *therapeutic-grade essential oils*.
- **Flower remedies** — Elaine provides simple yet powerful remedies (Bach Flower Remedies) to help restore emotional balance and alleviate negative mental states. The most recognized of these, Rescue® Remedy, helps reduce stress for animals and people. Custom blends are created to meet the needs of pets and humans alike.

Services

Animal Bridges provides:

- Private consultations in your home and on the phone
- Demonstrations for organizations
- Group classes



Elaine and Hobbes

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blog www.animalbridgesblog.com

For more information on how Animal Bridges can help you and your animal, please contact:

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Animal Communicator
Tellington TTouch® Guild-Certified Practitioner
Healing Touch for Animals® Practitioner
Bach® Flower Specialist

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Disclaimer: *The services provided by Animal Bridges are regarded to be supportive, complementary methods for alleviating certain emotional, social, behavioral, and physical conditions. They are not intended to serve as a substitute for veterinary care, nor should they be used as such. Refer to a licensed veterinary practitioner for medical care.*

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animalbridges
connecting people and their pets



Animal Bridges can help you and your pet (all species) with:

- Behavioral issues
- Stress and fears
- Aging issues
- Grooming issues
- Injuries and pain
- Enhanced relationships
- Veterinary care support
- . . . and more!

Success Stories

Whining and Vocalizing

Melissa didn't want Patch back on medications for his excessive whining and fears. After a brief Introduction to TTouch® class, Melissa saw changes in Patch.

"It was the quietest car ride we've ever had. I kept looking to see if [our dog, Patch] was in the car!"
Melissa Madsen, Coon Rapids, MN



Out of Control

Jackson was out of control on walks and barked excessively at other dogs. Janice learned about dogs' nonverbal signals and a more effective leash configuration when she met with Elaine.

"Meeting with you taught me how I was misreading Jackson's behavior. That is just as important, if not more important, than using a new kind of leash. He is more confident and so am I."
Janice Kuschner, Minneapolis, MN

Pulling on the Leash

Lucy has severe hip dysplasia and pulled on the leash. Gwen and Lucy attended an Introduction to TTouch® class.

"Lucy and I went for our first long walk this morning after the class yesterday using her new halter and leash. It was the most relaxing walk we've ever had!" *Gwen Riedl, Minneapolis, MN*

Excessive Grooming

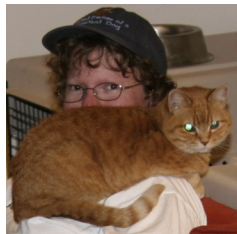
Wadsworth was under veterinary care for several months for his excessive grooming. When Claire Marie contacted Elaine for help, Wadsworth had seven hairless, bloody spots. Elaine talked with him and created a blend of Bach Flower Remedies. Within two weeks, hair was growing back on five spots and two spots had scabs.

Two months later,
"Wadsworth is doing really well."
Claire Marie Kohout, Hudson, WI



Aging and End-of-Life Care

Over one weekend, 16-year-old tabby cat Pumpkin's health suddenly took a severe turn for the worse. Pumpkin told Elaine that she was ready to cross over (die) and spent the next two days cuddling with Deb. Then Pumpkin started walking around, seeming confused. Pumpkin didn't understand why she hadn't crossed over, and she wanted help. Deb and her husband took Pumpkin to the vet that night.



"Elaine's conversations with Pumpkin were essential for us, as they helped us make the hard decision to have Pumpkin put down when she wasn't able to leave us on her own."
Deb Merton, Hammond, WI

Fearful and Shy

At 7½ months, Gracie would not come within 10 feet of Elaine. After several TTouch® sessions, Gracie ran up to her.

"Gracie went from being terrified of everything including cars, people, and fire hydrants to taking obedience level 5 classes, kayaking, and joining me running around the lakes. Thank you!"
Janelle Ranek, Minneapolis, MN



Allergies

For most of Lwood's life, he had suffered from allergies and was under veterinary care. Denise wanted Lwood to have some relief from his itching and chewing on his feet. Elaine helped Lwood with HTA and essential oils and taught Denise simple TTouch® techniques that she now uses with Lwood and her other dogs.

"I am seeing a new and improved Lwood today. [Even] with all the trees blooming, his allergies are better! He slept through the night without me waking up to him panting — that's a first in a long time."

Denise Anderman, Golden Valley, MN

